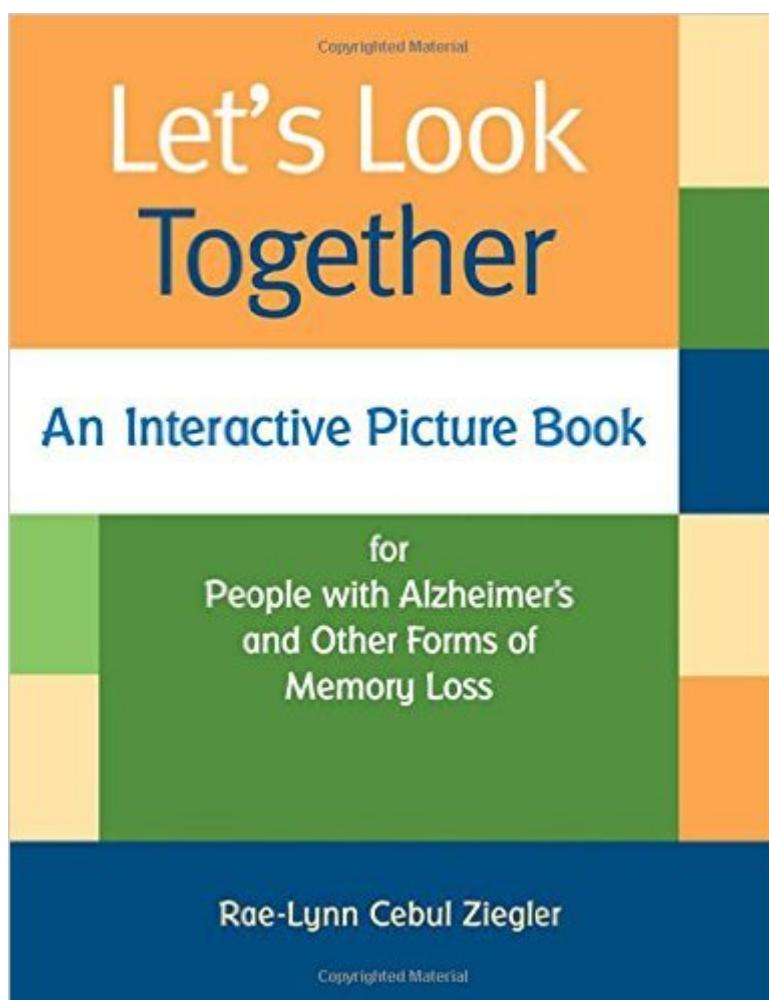


The book was found

# Let's Look Together: An Interactive Picture Book For People With Alzheimer's & Other Forms Of Memory Loss



## Synopsis

NOW WITH FREE USER'S GUIDE!! VISIT HEALTH PROFESSIONS PRESS WEBSITE TO GET YOURS TODAY. Wake up someone's brain with every turn of the page in this delightfully engaging resource. Featuring evocative images of children, this picture book for adults is to be shared between a family (or professional) caregiver and a person with memory loss to encourage meaningful emotional connections and conversations through therapeutic brain stimulation. Research demonstrates that sensory integration in the brain reinforces and excites neural connections. Using the principles of sensory integration, occupational therapist Rae-Lynn Ziegler presents photographs that trigger multiple and varied sensory reactions: visual, auditory, tactile, olfactory, gustatory, and vestibular and proprioceptive (motion and movement). Tested with people with middle to late Alzheimer's disease, Ziegler's work demonstrates that spending time with an interactive picture book can help keep people with memory loss connected and engaged. Users of Let's Look Together are encouraged to Relate to the feelings suggested by the photos, Reminisce about situations triggered in the person's memory, Describe what might precede or follow the photo's action, Tell a story about the child or image, and Find pleasure in sharing the book together. Twenty-nine full-color photographs portray an array of easily recognized emotions and activities. Joy, tears, surprise, contentment and stubbornness are interspersed with edible delights, unexpected encounters, nurturing family interactions, and more. Simple conversation starters are provided for each image. It all comes together to create a new visual and emotional journey for each person every time the book is opened. Let's Look Together is for use one-on-one or in groups at home or in formal care settings ranging from adult day services to hospitals and nursing homes.

## Book Information

Paperback: 64 pages

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Product Dimensions: 8.4 x 0.3 x 10.9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #1,206,246 in Books (See Top 100 in Books) #128 inÂ Books > Textbooks >

## Customer Reviews

I love the way this book helps Alzheimer's patients and their caregivers. I didn't use the book as is with my mother because we're African American, but I used the examples and portrayals to make up a memory book for her. Mine has pictures of people and places she knows/knew, and vivid scenes that she can see beauty in. Mom gets excited whenever anyone sits with her to look through it. I can't thank the author enough!

What a refreshingly fun way to spend time together with someone suffering from memory loss. I found the photographs engaging, and each page colorfully and simply brings to mind emotions and memories. I imagine that these sorts of recollections must be helpful; the pictures trigger conversation and I could see a variety of cognitive impairments responding well. Spill-friendly pages, too - what a neat idea! Allen P. Durham, NC

I purchased this book for my father-in-law who wasn't communicating with us much because of dementia. I thought (and still do think) the idea of this book is very good, especially since it's more than just pictures telling one's needs. The interesting, non-frustrating pictures can be reviewed without any pressure such as, "Do you know who this is?" The fact that the photos are all just of people/animals in general (not familiar to our family) in itself can be an enjoyable, non-intimidating thing to do together. I can't really say much from experience though, because soon after we got the book my father-in-law was put in a nursing home and I haven't seen the book since. But I would recommend it from what I remember about it.

Let's Get Together is a wonderful book for anyone who wants to reach out and connect w/ others who struggle w/ communication. The pictures are delightful and engaging--and invite dialogue on their own. But the addition of the user's guide, which provides ideas for conversation and engagement, provides added value and enlarges the scope of possibility for connecting. Having a father w/ Alzheimer's disease, as well as from my years as a psychiatrist, I am aware of the difficulties and frustrations attempting to reach our loved ones w/ dementia. This book is truly a gift to be cherished, enjoyed and shared w/ others. I have purchased a copy for myself--but am also

sending a copy to the residential facility where my dad now lives--so the staff there can use it w/ other residents.Thanks, Rae-Lynn Cebul Ziegler for creating a book of this kind. It is a wonderful tool, gift and resource!

I purchased this book both as a gift for family members dealing with a loved one's Alzheimer's as well as a therapy tool to use in speech therapy with my clients. I have received great responses from all who utilize it. The instructional material has been helpful for family caregivers and the pictures are well received. It is easy to use and a durable book as well.

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